# 1st4sport Level 2 Award in Multi Skills Development in Sport

The 1st4sport Level 2 Award in Multi-Skills Development in Sport (QCF) qualification provides learners aged 17 and over with an introduction to the processes and principles of supporting child development through multi-skills. Learners become qualified to support successful participation in sport through the design, delivery and evaluation of multi-skills activity sessions. They enhance their knowledge of movement confidence, discover how to help children master the fundamentals in a fun, imaginative and progressive way, making sport more enjoyable for children and young people.

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| **Qualification** | Guided Learning Hours | 34 |

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| Cost | £200 |
| Units | * Understanding how to support child development through multi-skills * Developing fundamental movement skills (FMS) through multi-skills coaching * Developing fundamental sport skills (FSS) through multi-skills coaching |
| Pre-requisites | * Be at least 16 years of age (prior to certification learners are required to be 17 years old). * Must hold or be working towards a minimum of a QCF accredited Level 2 sports specific coaching qualification or recognised equivalent, such as: * Level 2 Award in the Principles for Coaching Sport (QCF) * Level 2 Certificate in Coaching Multi-Skills Development in Sport (QCF) * Level 2 Certificate in the Principles and Preparations for Coaching Sport (QCF) * 1st4sport Level 2 Certificate in Supporting Learning in Physical Education and School Sport (QCF) * QCF accredited Gym Instructor qualification * QTS + Physical Education specialism * BSc Degree in Sports Coaching (inclusive of practical delivery) * or other equivalent based on individual application. * Can communicate effectively in English (this includes listening, speaking, reading and writing). |
| This helps you | * Enhance the skills, knowledge and competence of your workforce * Increase the quality of multi skills/physical activity sessions and PE lessons, particularly in key stage one * Increase the amount of extra-curricular provision * Engage more children in physical activity * Develop your children’s physical and social skills |
| Qualification structure | * Delivered over three days from 9am-5pm * Split into 2 x learning days and 1 x assessment day * All 3 days must be attended * Learners are required to complete a learner portfolio and submit this for assessment between days 2 and 3 |
| Who is this suitable for? | Individuals who work with and are involved in the physical development of children and young people. |
| Course dates | TBC |
| Is there an assessment? | Yes - all learners are required to complete a learner portfolio after the two-day training and complete two practical assessments on day 3. Both will need to be completed and learners deemed competent to achieve the qualification. |

To book a place or for further information please contact Jon Davis on 07530 045106 or [jdavis@tlesportscoaching.co.uk](mailto:jdavis@tlesportscoaching.co.uk) or [www.tlesportscoaching.co.uk](http://www.tlesportscoaching.co.uk)